

Local Wellness Policy: Triennial Assessment Summary

Results/ Progress and Goals

1. General Information

School(s) included in assessment: C_l_i_n_t_o_n_C_h_r_i_s_t_i_a_n_A_c_a_d_e_m_y

Month and year of current assessment: J_a_n_u_a_r_y_2_0_2_6

Date of last LWP revision: M_a_r_c_h_9_2020

Website address for LWP and/or details on how public can access a copy:

https://www.clintonacademy.org/wp-content/uploads/2026/01/Wellness_Plan_revised_march_9_2022.pdf

2. Wellness Committee Information

How many times per year does your Wellness Committee meet? 1-3 times per year

POLICY LEADERSHIP: Designated School Wellness Leader

Name	Job Title	Email Address
Jackie McClure	Food Services Director/PE Teacher	jmcclure@clintonacademy.org

PUBLIC INVOLVEMENT: School Wellness Committee Members

*A diverse group of stakeholders should be invited including Administrators, Classroom Teachers, PE Teachers, SFA Reps, School Nurses, Community Members, Parents, Students, Medical/Healthcare Professionals

Name	Job Title	Email Address
Jackie Mr-f.lure	Food Services Director/PE Teacher	imcclure@clintonacademy.org
Keri Huisman	PE Teacher/Nurse/Parent	khuisman@clintonacademy.org
David See	HS Science Teacher	dsee@clintonacademy.org
Melanie Dehn	Financial Secretary/Parent	mdehn@clintonacademy.org
Amber Lowe	Parent	amberlowe87@gmail.com
Katie Largent	HS Student	katie.largent@clintonacademy.org
Becky Hyke	Principal/Science & PE Certification	bhvke@clintonacademy.org
Robin Ritchie	Lead Administrator	rritchie@clintonacademy.org

3. COMPARE LEA's Local Wellness Policy to Model Local Wellness Policy

- Complete the *Rudd Center Wel/SAT3.0 Assessment Tool*- <https://www.wellsat.org/>;
OR *Alliance for a Healthier Generation District Level Thriving School Integrated Assessment (TS/A)* -
<https://www.healthiergeneration.org/take-action/get-help/how-to-complete-an-assessment#districts>
OR *similar assessment tool*: WelSAT

* Refer to language in your current local wellness policy to assist in determining preferred assessment tools for your district

- Assessment Tool Scores: Comprehensiveness 62; Strength 32
- Keep a copy of the results on file for at least three full school years plus the current year.
- Indicate model policy language used for comparison:

- Missouri School Boards' Association
- Missouri Consultants for Education
- Alliance for a Healthier Generation
- Other: _____

- Describe how your wellness policy compares to model wellness policies:

1. The LWP is much more detailed and includes procedures when compared with the general nature of the MSBA Model Policy.

2. The LWP does not have a section about the Wellness Committee like the model policy.

3. The LWP does not have a section for "Other School Based Activities" like the model policy.

4. The physical education section is very outdated and needs revision.

5. Add the DESE link to LWP.

6. Model policy does not have a marketing and advertising section as recommended.

4. ASSESS School Compliance with LWP and Progress Towards Goals

- Complete the *CDC's School Health Index (SHI)* - <https://www.cdc.gov/healthyschools/shi/index.htm>;
OR *Alliance for a Healthier Generation School Level Thriving Schools Integrated Assessment (TS/A)* - <https://www.healthiergeneration.org/take-action/get-help/how-to-complete-an-assessment#schools>;
OR *CDC's Wellness Policy in Action Tool (WPAT)* - <https://www.cdc.gov/healthyschools/wpat/index.htm>
OR *similar assessment to o-L...L-e-HPS-A-T*

* Refer to language in your current local wellness policy to assist in determining preferred assessment tools for your district

- Assessment Tool Scores: Comprehensiveness 62; Strength 32
- Keep a copy of the results on file for at least three full school years plus the current year.

Using the tables below:

First, indicate language that is currently written in district local wellness policy in relation to each topic listed.

Next, assess and discuss whether the district is meeting the goal, partially meeting the goal, or not meeting the goal.

Finally, indicate the progress made for each goal and next steps that have been identified.

Nutrition Guidelines for All Foods & Beverages for Sale at School (School Meals, Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
<p>USDA meals at lunches sold at school are addressed in the current policy assuring USDA guidelines are met. (pg. 2}</p> <p>Training for Food Service employees is also addressed in current plan. (pg. 2)</p>	X			<p>Food Service Director will ensure that all meals sold at school are in compliance with USDA Guidelines.</p> <p>Lead Administrator will ensure all food service staff completes required training each year, that the public notice is published in newspaper prior to start of school and that the vendor supplying vending machines are providing snacks that are compatible with USDA Smart Snacks guidelines. Add this language to LWP.</p>
Guidelines for Other Foods and Beverages Available at School, but Not Sold (celebration snacks, etc.)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
<p>Families will be encouraged to pack healthy lunches from home. (Pg 1)</p> <p>We will encourage healthful snacks to be served at all times before, during and after school.(Pg. 3}</p>	X			<p>Revise policy with more specific language to include snack boxes, class parties, and birthday celebrations.</p>

Marketing and Advertising of Only Food and Beverages that Meet Smart Snack Guidelines	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
<p>School will only market the promotion of food/beverages meeting nutrition standards set forth in LWP. (pg. 3)</p> <p>Brand names, trademarks, logos, or tags. (pg. 3)</p> <p>Advertisements in school publications, mailings. (pg. 4)</p> <p>Educational incentive programs/contests to provide school supplies or funds when families purchase specific items. (pg. 1)</p>		X		<p>Clarify the LWP so that these statements regarding marketing/advertising are things that will NOT be permitted. Current language is not clear.</p>
Nutrition Education & Nutrition Promotion Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
<p>Students will receive encouraging messages throughout school, classrooms, cafeteria, and school media. (pg. 1)</p> <p>11 Examples of nutrition education and promotion are listed under this policy statement. (pgs. 1 & 2)</p>		X		<p>Renewed effort is needed in promoting/educating students, families, and staff through use of teacher newsletters, school newspaper, school FB and school website.</p> <p>Revise policy to include a general statement about nutrition education in the regular education classrooms.</p>
Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
<ol style="list-style-type: none"> Physical education courses are thoroughly described.(pgs. 4 & 5) Physical activity in regular ed. classroom setting is addressed. (pg. 5) Recess Activity is addressed. (pg. 5) Physical Activity Programs is addressed (pg. 5) 		X		<p>Revise LWP to include a generalized statement about physical activity for policy, then update procedures to reflect current practices for these 4 areas.</p>

Other School-based Strategies for Wellness Goal(s) (staff wellness, community partnership, family engagement, etc.)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
There is some specific language addressing staff wellness/nutrition listed under Section I. (pg. 1 & 2)		X		Create a separate section labeled "Other School Based Strategies" and reorganize/update this information regarding staff wellness, community partnership, family engagement, etc.
There is some specific language addressing parents/students with regard to healthy nutrition and physical activity in Sections I & II (pgs. 2 & 3)				

- Include additional notes, if needed:

5. SHARE Triennial Assessment Results with the Public

- **UPDATE/INFORM THE PUBLIC:** WellSAT 3.0 results, SHI results, or similar evaluation tool results, and Triennial Assessment Summary, or similar document which includes summary of goals and progress, should be posted publicly.
- Where to share publicly? *school newsletter, social media, school website, school board meeting, district wellness committee meeting, open house events, etc.*